



## Mulberry Waldorf School Pregnancy Circle Registration Form

Thank you for your interest in our six week prenatal series where we will discuss and share ideas about the remarkable journey of pregnancy, preparing for labour and birth, and welcoming our baby into the world. Each week we will have the opportunity to share, discuss and reflect while also participating in supportive movement, artistic and mindfulness exercises. This will be a space where we can connect with other parents and soon-to-be parents, and carve out meaningful time to reflect on the remarkable experience that is bringing new life into this world, and what that means and looks like to each of us as individuals.

You are encouraged to invite your partner or support person to class 2, 4 and 6 for opportunities for shared activities and discussions.

Our Fall Pregnancy Circle classes are on Wednesday evenings from 6:30 to 8:00 pm. Please complete this form to the best of your ability. The information contained in this document will remain strictly confidential. **Please send this completed form to [administrator@mulberrywaldorfschool.ca](mailto:administrator@mulberrywaldorfschool.ca).**

### Participant Information:

- Name: \_\_\_\_\_
- Phone Number(s): \_\_\_\_\_
- Email Address(es): \_\_\_\_\_
- Address: \_\_\_\_\_
- Dietary restrictions: \_\_\_\_\_
- Estimated due date: \_\_\_\_\_

**Would you like to share anything about your pregnancy or any general information?**

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**Partner/Support Person Name:** \_\_\_\_\_



**How did you hear about our school? (Please select one)**

- Social Media (Facebook, Instagram, etc.)
- School Website
- Word of Mouth/Referral
- Community Event or Open House
- Local Advertisement (newspaper, magazine, etc.)
- Online Search (Google, Bing, etc.)
- Flyer or Poster
- Email Newsletter
- Radio or TV Advertisement

**Special Requests or Additional Information:** \_\_\_\_\_